

Zhav Bentonite Clay Body Wrap



Bentonite clay is composed of ash made from volcanos. This premium Australian Bentonite Clay is among the finest clay available in the world today. It has been carefully selected for its purity and performance and is excellent for body care applications. On top of being able to draw-out toxins from the body, the clay itself has a range of nutrients. Bentonite clay is known to have an abundance of minerals, including calcium, magnesium, silica, sodium, iron and potassium.

Bentonite clay stems far back in history as a traditional healing method for protecting the body from disease. It has been reported that several traditional cultures living in regions of the Andes, Central Africa and Australia have consumed clays in numerous ways for centuries. While in its natural state, bentonite clay has negatively charged molecules, most toxins and heavy metals have positively charged molecules.

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BENEFITS – HELPS IMPROVE

- Stress & Fatigue
- Chemical Toxicity
- General Well-being
- Sports performance
- Headaches
- Hormonal Issues
- Muscle & joint pain
- Weight Management
- Chronic Fatigue
- Fibromyalgia
- Allergies & Asthma
- Diabetes

The clay can bind to bacteria and toxins living on the surface of the skin and within pores to extract impurities from the pores. This helps to reduce the outbreak of blemishes, alleviate redness, and to fight allergic reactions from irritating lotions or face washes. Bentonite clay essentially “seeks” toxins in the body to bind with because naturally any substance that has a missing ion (which gives it its “charge”) looks for opposing charge types of substances that will make it complete. Upon binding, the clay is then able to help remove toxins, chemicals,

The Benefits of Zhav Bentonite Ingredients

- **Magnesium – Maintains muscle and nerve function, supports immune system, maintains strong bone and regulates blood sugar.**
- **Silica – Stabilises the body, keeps skin elasticity and collagen healthy, aids in nail and hair growth. Restores balance between magnesium and calcium**
- **Calcium – Build and Maintain strong bones, heart and muscles need calcium to function helps skin health.**
- **Iron – Helps metabolise proteins, aids in haemoglobin production (carry oxygen through the blood) Maintains muscle health and brain function, promotes general good health.**
- **Sodium – Maintain fluid balance, helps muscles relax and nerves to transmit signals. Controls normal blood pressure.**
- **Potassium – Regulates fluid balance, controls electrical activity of the heart and other muscles. Counteracts the effect of excessive sodium, mad maintains acid-base balance.**



Renew • Revive • Refresh